

# SCHOOL CANTEEN

## LOLOL PRIMARY SCHOOL



### ~ BURGERS & ROLLS ~

Fish Burger (E)	\$6.00
<i>Baked fish, lettuce &amp; tartare sauce</i>	
Chicken Burger (E) (H)	\$6.00
<i>Baked Chicken Fillet Pattie, lettuce &amp; mayo</i>	
Cheese Burger (E) TUESDAY ONLY	\$6.00
<i>Homemade beef Pattie, cheese &amp; sauce</i>	
Hot Cheese Roll (E)	\$3.50
<i>Melted tasty cheese in a crusty roll</i>	
Veggie Burger (E)	\$6.00
<i>Veggie Pattie, Lettuce &amp; Sauce</i>	

### ~HOT BAR~

Chicken Nuggets x 6 (O) (H)	\$5.50
Chicken Nuggets x 4 (O) (H)	\$4.00
Big Beef Pie (O)	\$4.50
Garlic Bread Roll (E)	\$3.50
Hot Dog w/Sauce (O)	\$4.00
Chicken Fingers (3)	\$4.50

### ~PASTA & RICE~

Spaghetti Bolognese (E) TUESDAY ONLY	\$6.00
Butter Chicken & Rice (E) THURSDAY ONLY	\$6.00
Beef Nachos (E) WEDNESDAY ONLY	\$6.00

### ~ SANDWICH BAR ~

Vegemite, Jam or Honey (E)	\$3.00
Cheese & Tomato (E)	\$3.60
Ham, Cheese & Tomato (E)	\$4.70
Egg, Mayo & Lettuce (E)	\$4.50
Cheese (E)	\$2.80
Salad (E)	\$4.80
<b>Breads (G)</b>	
White or wholemeal	
White Roll / Lebanese Bread	\$1.50
Gluten Free Sliced	\$1.50

### Extras

Ham (O)	\$0.80
Cucumber, Tomato, Beetroot, Lettuce (E)	\$0.50
Grilled Chicken (E)	\$2.00
Sliced Cheese (E)	\$0.80
Avocado (E)	\$1.00
Boiled Egg (E)	\$1.00

### ~WRAP BAR~

<i>Fresh or Toasted</i>	½	Full
Chicken & Salad (E)	\$3.50	\$6.50
Ham & Salad (E)	\$3.50	\$6.50
Salad (E)	\$3.50	\$6.50
Egg & Lettuce (E)	\$3.50	\$6.50
Ham, Cheese & Tomato	\$3.50	\$6.50

### ~TOASTIES~ ITALIAN SOURDOUGH ~

Ham, Cheese & Tomato (E)	\$7.50
<i>Sliced leg ham, tasty cheese &amp; tomato</i>	
Grilled Chicken (E)	\$7.50
<i>Grilled chicken, avocado, &amp; tasty cheese</i>	
Vegetarian WEDNESDAY ONLY (E)	\$7.50
<i>Marinated capsicum, tomato, eggplant, zucchini, avocado, onion &amp; feta</i>	

### ~HOME MADE PIZZA~ (E) MON 2 THURS

Cheese	\$5.50
Ham & Cheese	\$5.50
Ham & Pineapple	\$5.50

### ~CUP NOODLES ~

Chicken (O)	\$4.00
Beef (O)	\$4.00

**LUNCH ORDERS NOT ACCEPTED AFTER 9.30AM**

### EXTRA

Sauce (Tomato, Bbq)	\$0.50
Lunch Bag	\$0.20
Spoon or Fork (without a lunch order)	\$0.10

### TWO TYPES OF ACCOUNTS

**PLEASE USE FLEXI SCHOOLS FOR ONLINE LUNCH ORDERS ONLY!**

[www.flexischools.com.au](http://www.flexischools.com.au)

This is a third party account and we can't access this for you.

-----OR-----

**OPEN A CANTEEN ACCOUNT**

We encourage all parents to open up a school canteen account so your child/s can purchase from the canteen at recess & lunch using their credit on the account.

To open up a school canteen account, go to

[www.melstastybites.com](http://www.melstastybites.com) and click on 'canteen online ordering'

### ~ SNACKS ~

Corntos (O)	\$2.50
Fruit (Seasonal) (E)	\$2.00
Chips (O) Small	\$2.00
Popcorn (E)	\$2.00
Homemade Muffins (O) 80gr	\$2.00
Banana Bread (O)	\$2.50
Cookies (2) (O)	\$0.50
Custard & Jelly Cup (O)	\$2.50
Jelly Cup w/Snake (O)	\$2.50

### ~ SALADS ~

Watermelon Bowl (E) Term 4 & 1	\$6.00
Fruit Salad Bowl (E) Term 4 & 1	\$6.00
Garden Salad (E)	\$5.50
Ham & Garden Salad (E)	\$6.00
Egg & Garden Salad (E)	\$6.00

### ~COLD DRINKS ~

Juice 250ml (E)	\$3.00
Spring Water 600ml (E)	\$2.50
Oak Flavoured Milk (E)	\$3.50
<i>Chocolate or Strawberry</i>	
Hot Chocolate (E) TERM 2 & 3	\$3.00

### ~ FROZEN TREATS~

Frozen Juice Cups (E)	\$2.50
Jelly Joys (O)	\$1.00
Animal Pop (O)	\$2.50
Frozen Orange ¼ (E)	\$0.50
Slushie	\$3.50

**Noodles, Drinks & Ice Cold Treats are Not Put in Your Lunch Order Bag Ask your child to take the lunch bag to the canteen and collect it during their lunch break**

We are a NSW Healthy School Canteen Approved Operator

FOOD CODING

E Everyday / O Occasionally / GF Gluten Free / H Halal

